



# Protective Effect from DEPRESSION by Polymer-Based Nanoantioxidant

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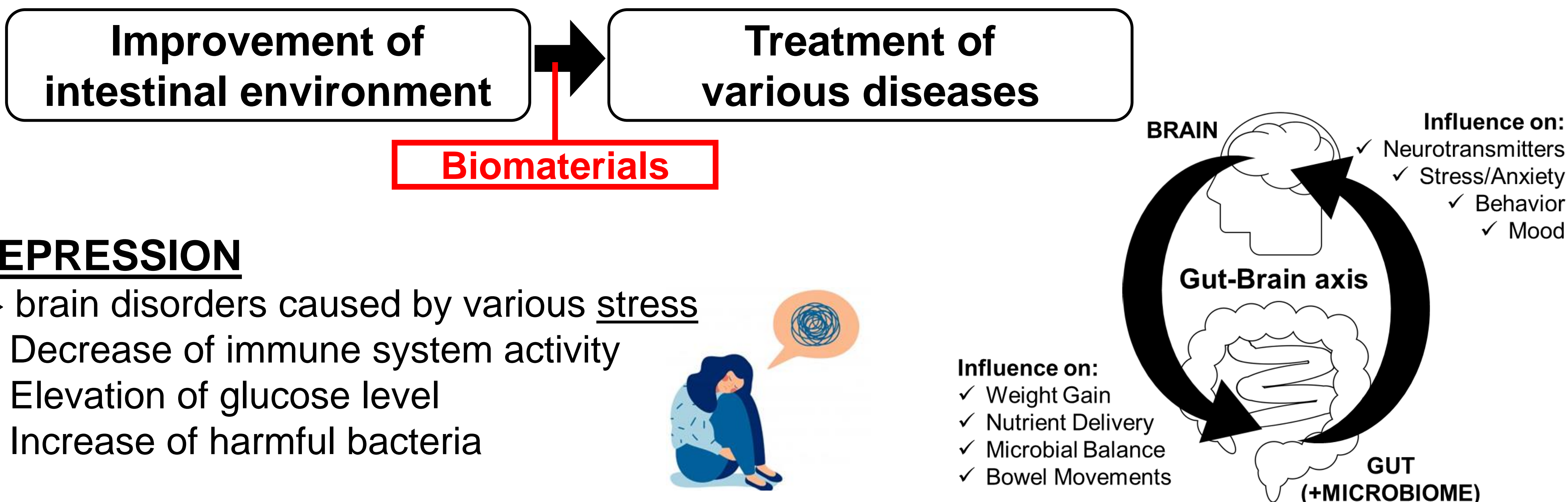
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## Introduction

### Gut-Brain axis

→ The crosstalk between the gut (intestines) and brain through various pathways  
ex) Vagus nerve, Cytokines, Hormone and Bacterial metabolites, etc...  
⇒ Disorders of the gut environments causes whole body disorder including mental illness.



### DEPRESSION

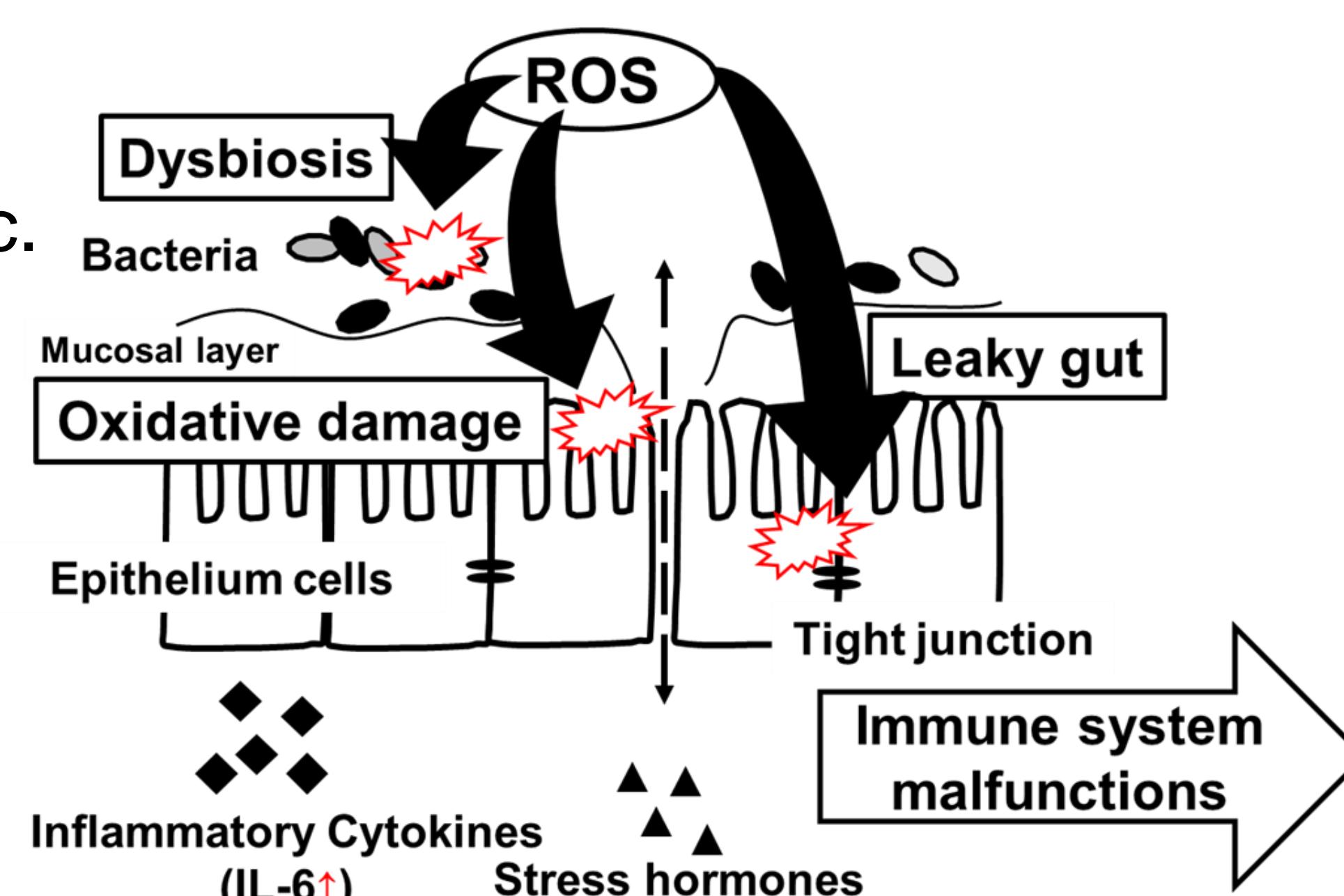
→ brain disorders caused by various stress  
➢ Decrease of immune system activity  
➢ Elevation of glucose level  
➢ Increase of harmful bacteria



### Reactive Oxygen Species (ROS)

→ highly reactive molecules derived from O<sub>2</sub>  
ex) Superoxide anion (O<sub>2</sub><sup>-</sup>), Hydroxyl radical (OH·), etc.  
⇒ Overproduced ROS cause cellular damage and extra inflammation.

- Anticipated issues with ROS in the intestines
- Dysbiosis: disruption of the microbiota homeostasis
- Oxidative damage (→ Leaky gut syndrome)
- Inflammation induced by stress
- ⇒ Immune system malfunctions



## Strategy

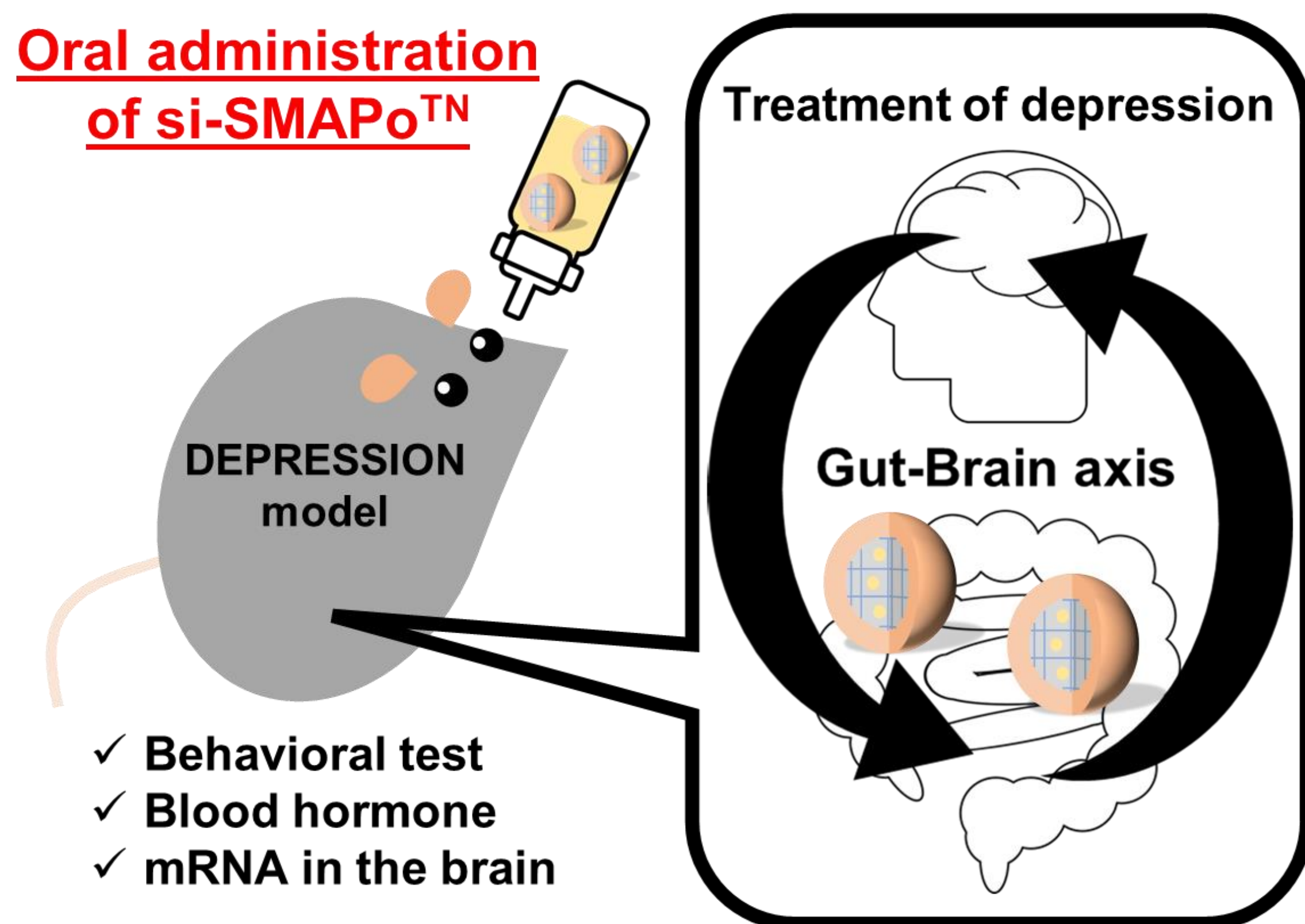
### Aim of this study

To investigate the relation between intestinal oxidative damage and DEPRESSION  
→ It is needed biomaterial which reduces oxidative stress only in the intestines selectively.

### Material

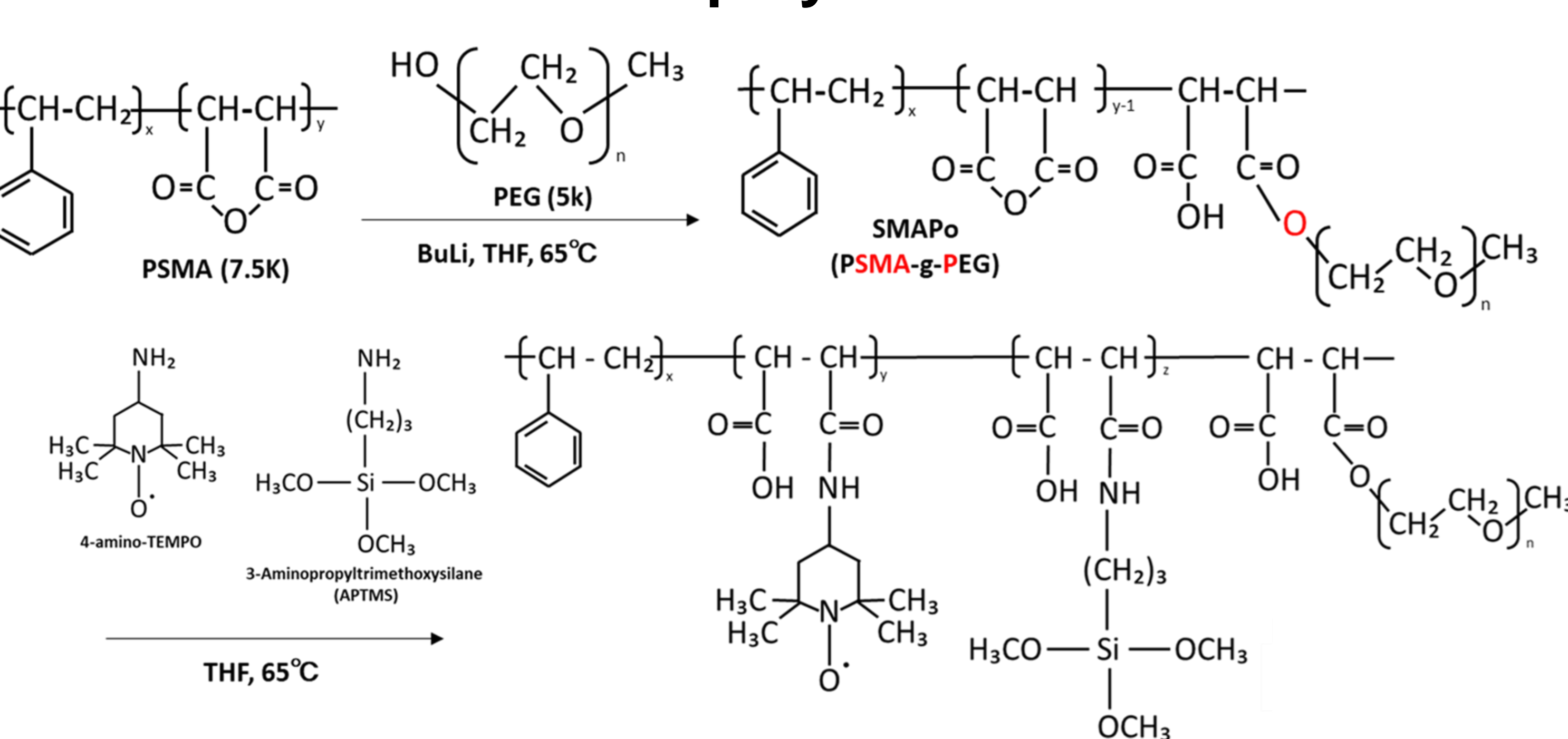
#### Antioxidant nanoparticle (si-SMAPo<sup>TM</sup>)

- Antioxidant (TEMPO)
  - ✓ Protection of the intestinal environment from ROS
- Biocompatible polymer
  - ✓ Long stay in the intestines
  - ✓ No outflow into bloodstream
- Silica Cross-linker
  - ✓ Prevention from NPs collapse

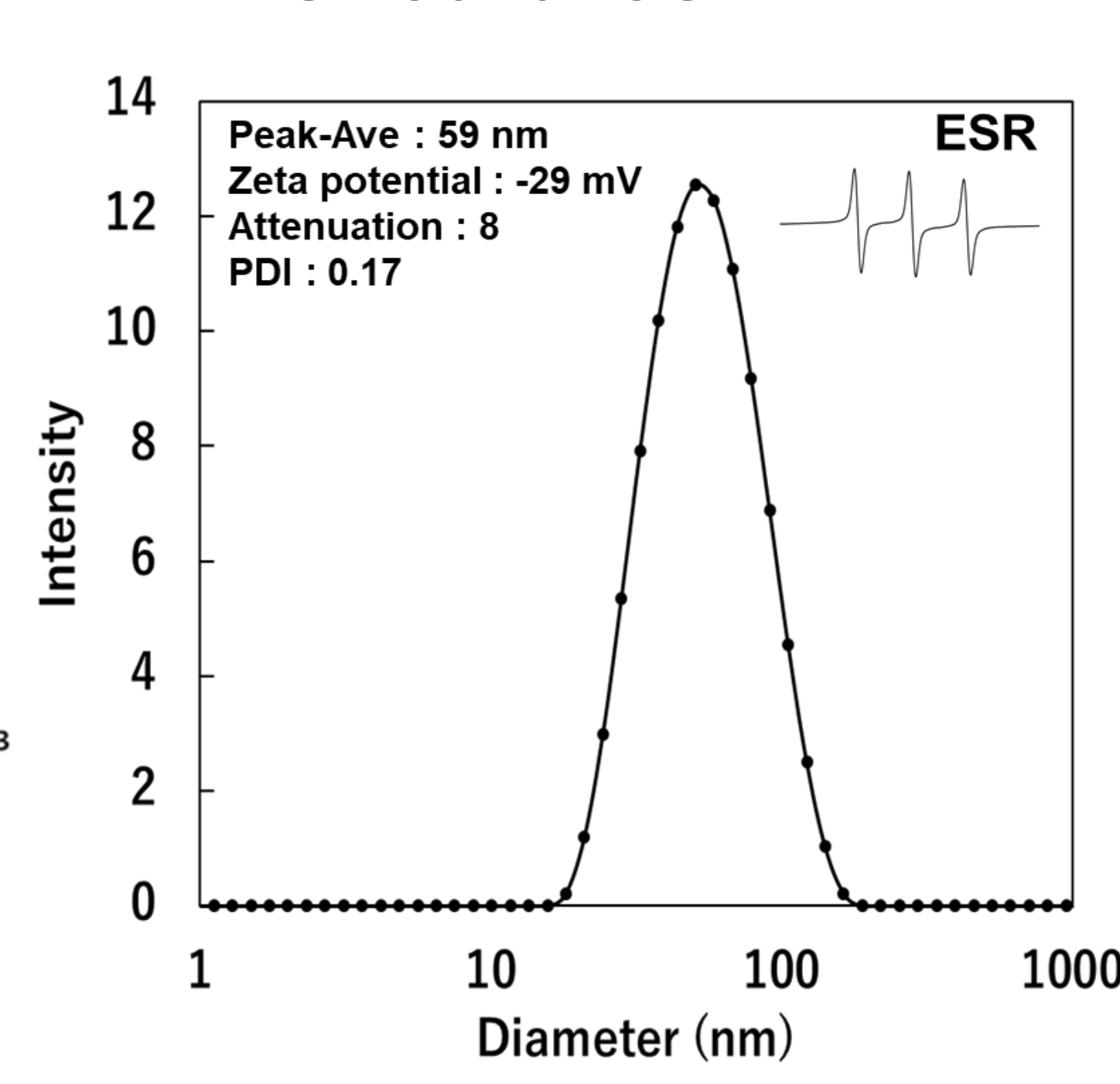


## Preparation of si-SMAPo<sup>TM</sup>

### Reaction scheme of the polymer



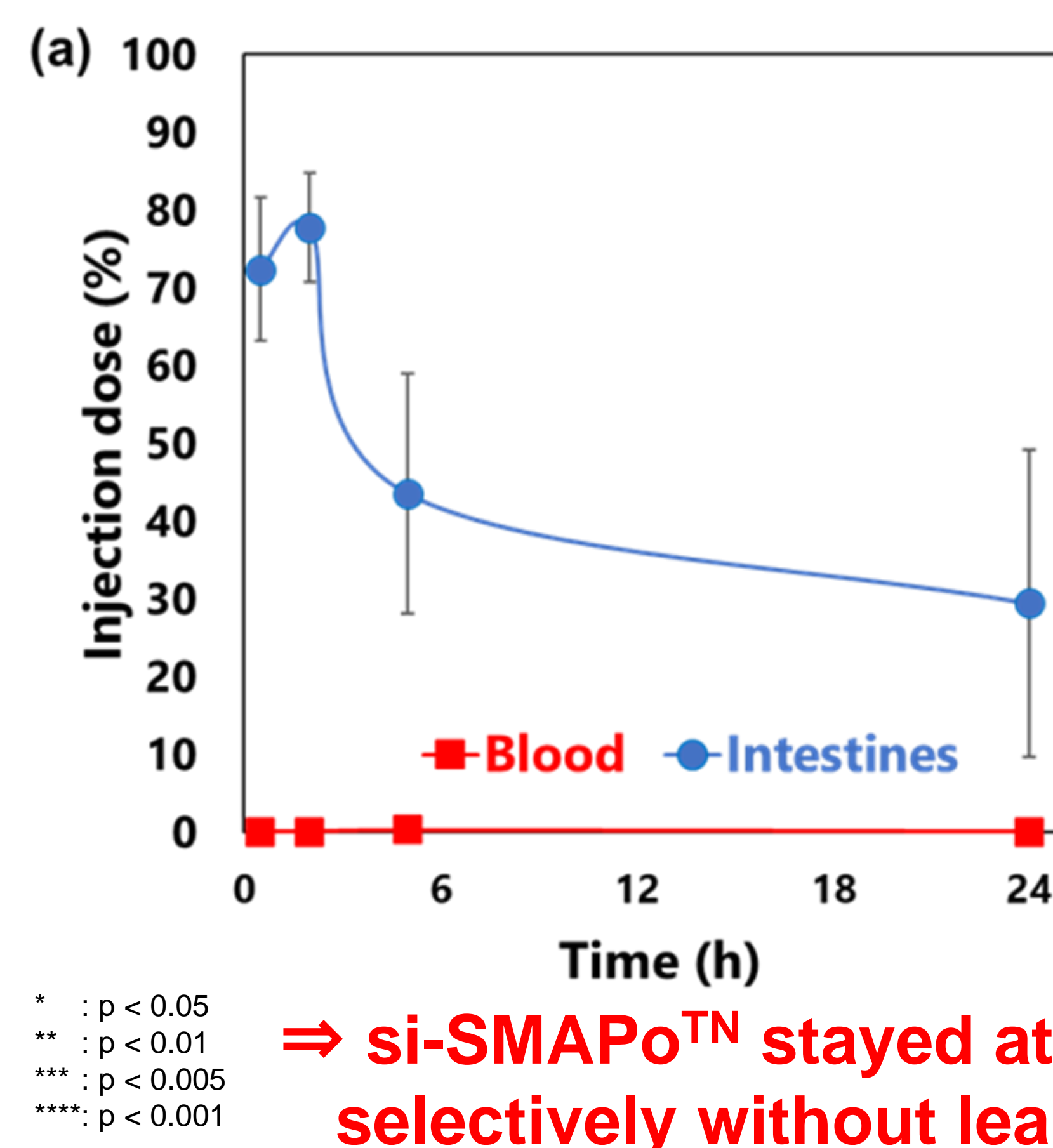
### NPs features



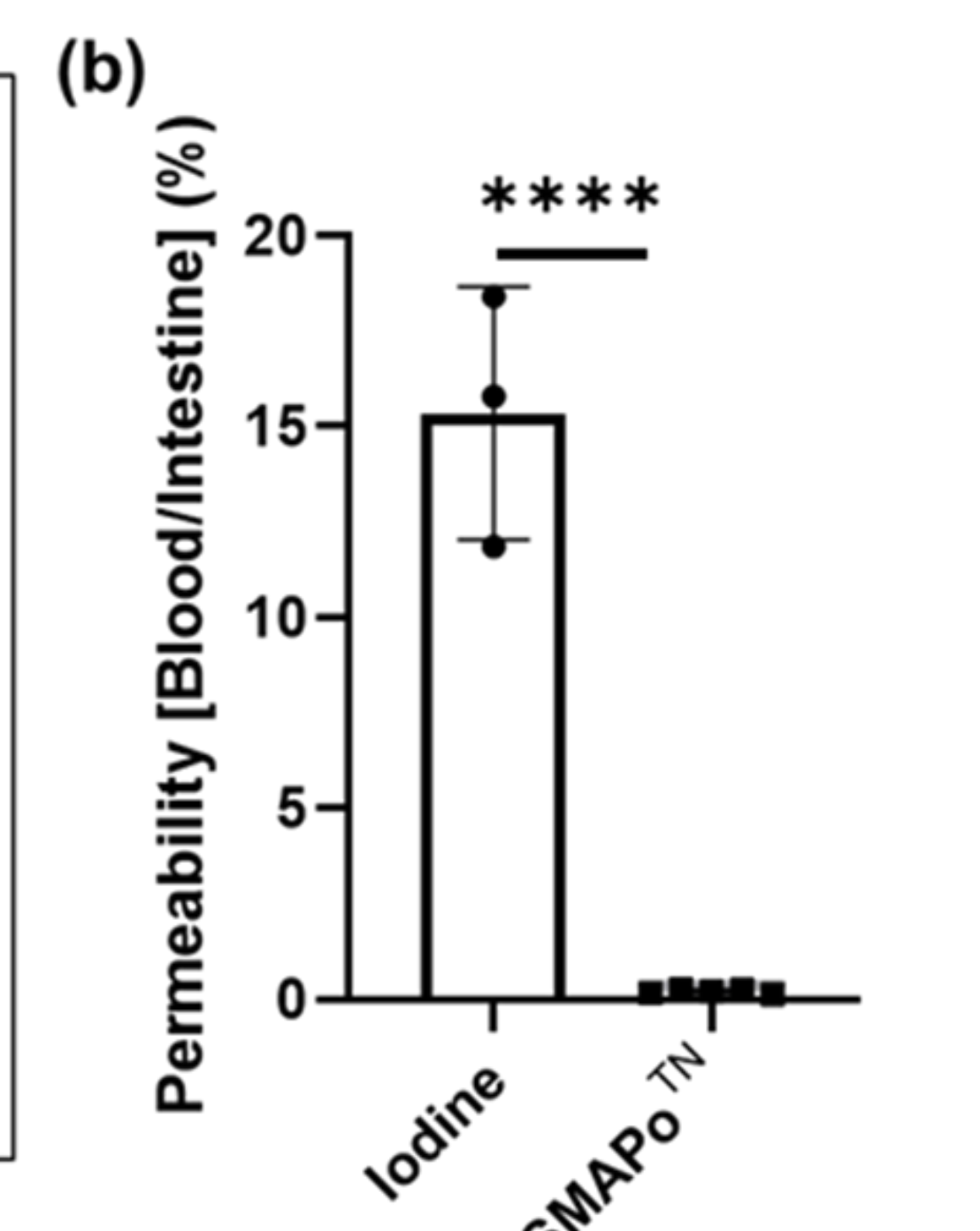
⇒ Uniform si-SMAPo<sup>TM</sup> NPs have been obtained.

## Characters of si-SMAPo<sup>TM</sup>

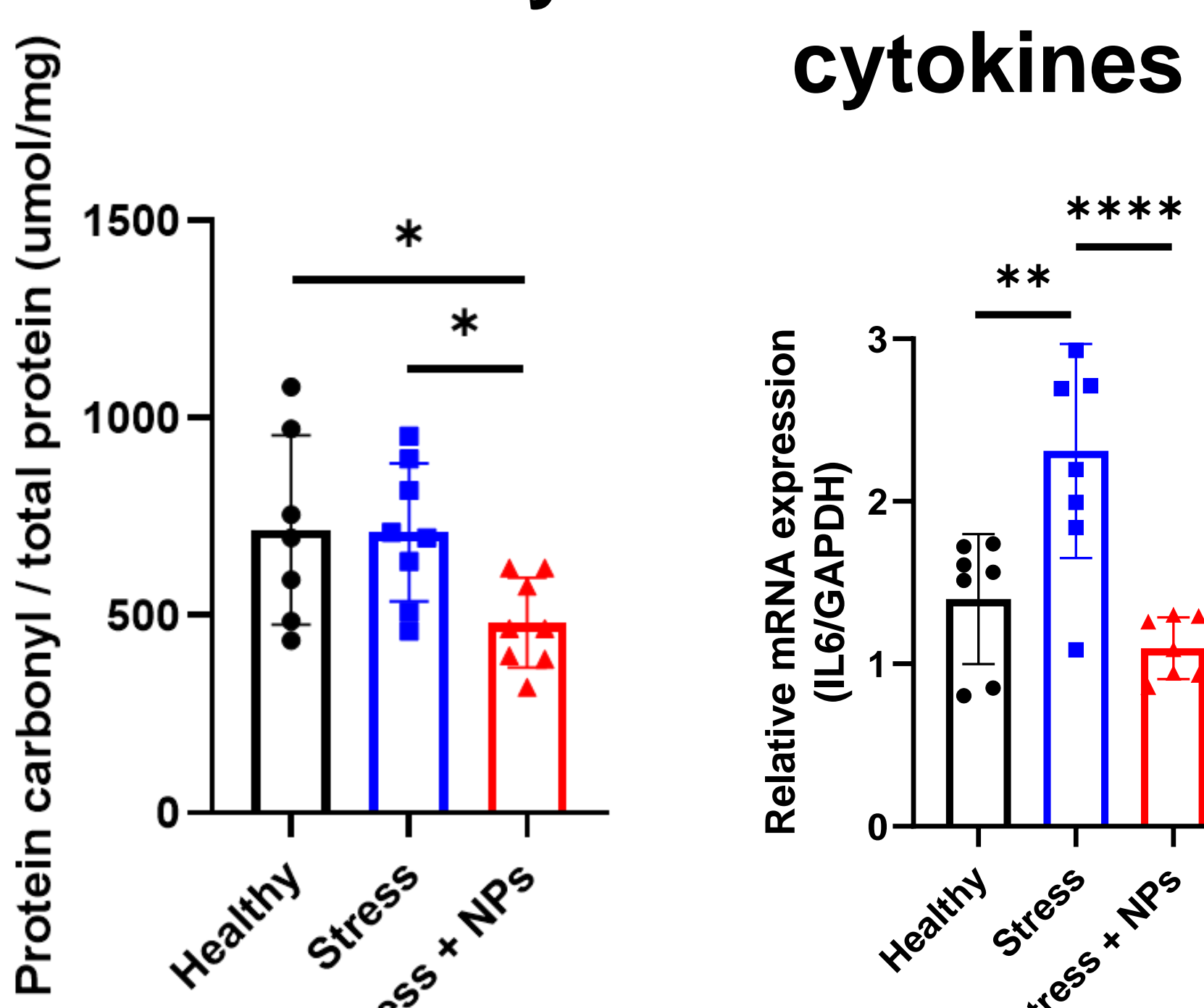
### Pharmacokinetics of si-SMAPo<sup>TM</sup>



### ROS assay



### Inflammatory cytokines

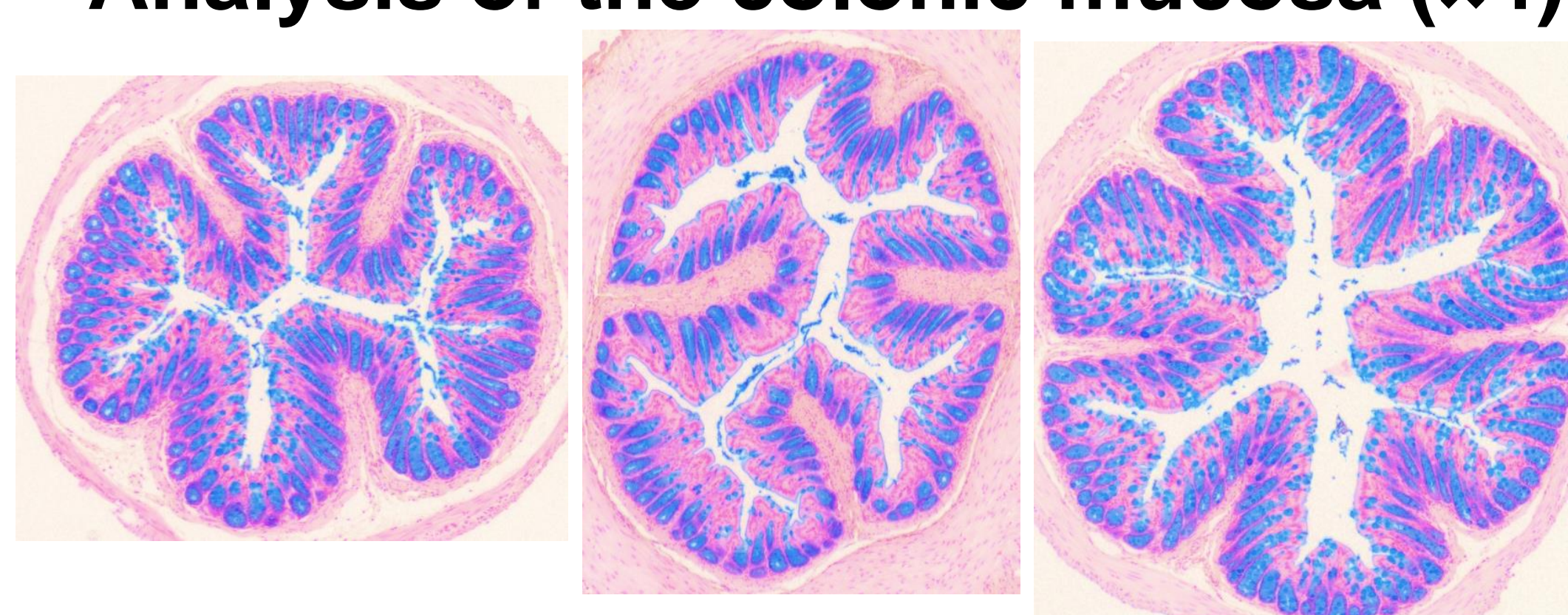


⇒ Oral administration of si-SMAPo<sup>TM</sup> decreased the oxidative stress in the intestines.

## Effect of si-SMAPo<sup>TM</sup> on the intestines

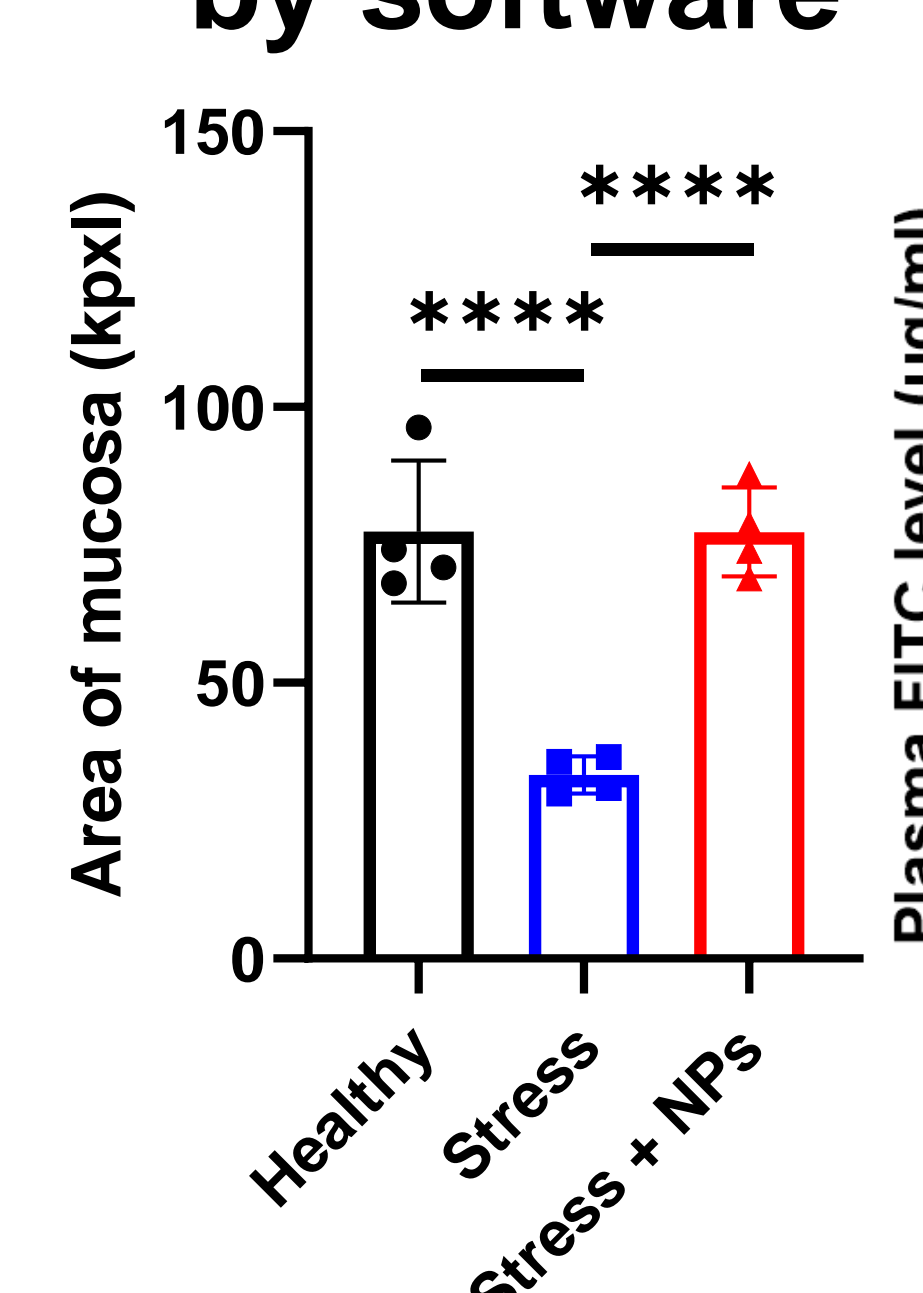
**Chronic Restraint Stress (CRS) model**  
c57BL/6J 8-week old Restraint stress for 6h x 3 weeks

### Analysis of the colonic mucosa (x4)

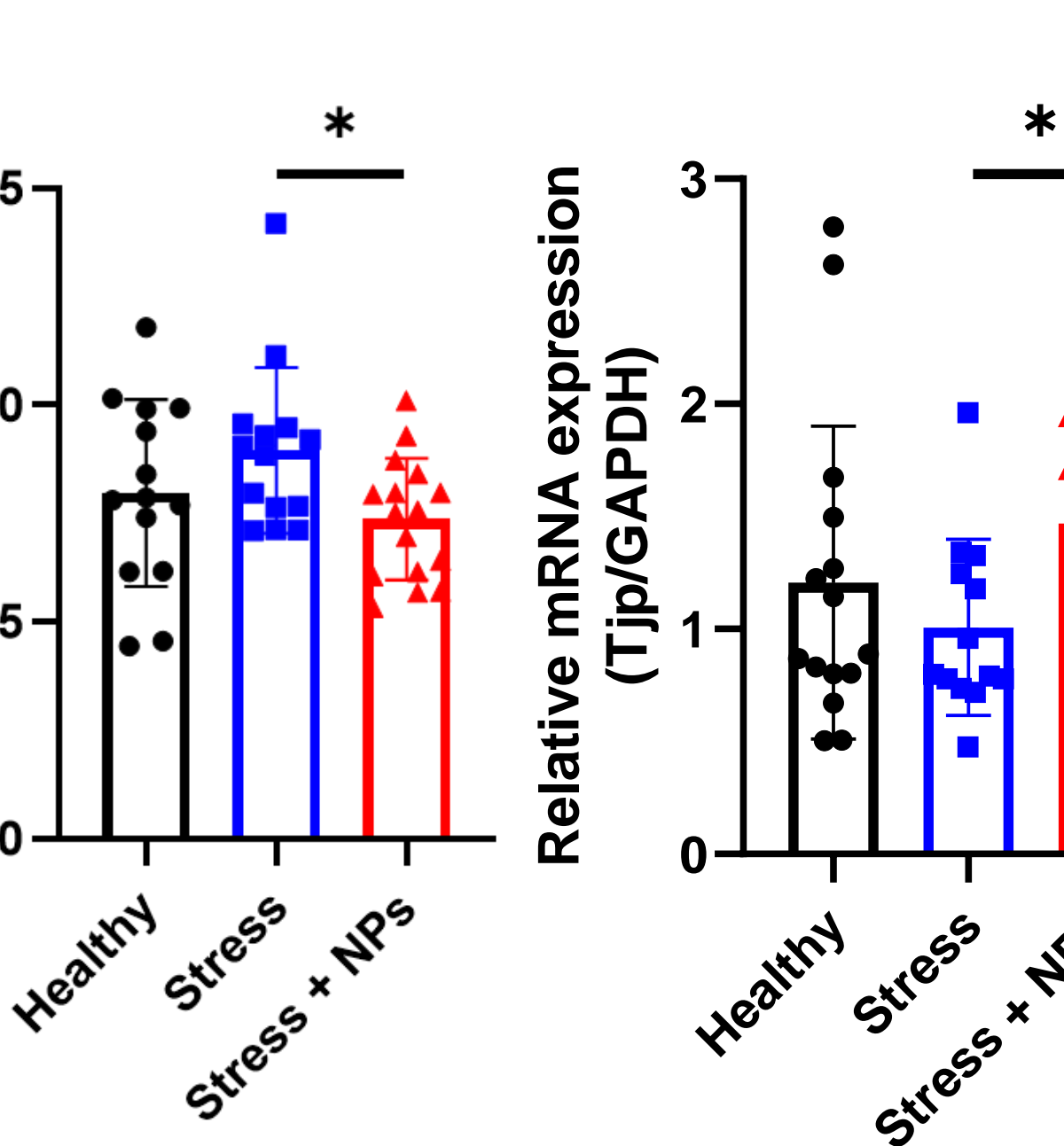


Healthy Stress Stress + NPs  
**Alcian Blue (AB) staining**  
→ Blue part are the mucosal area and goblet cells (secreted source of mucin)

### Quantification by software



### Leaky gut analysis

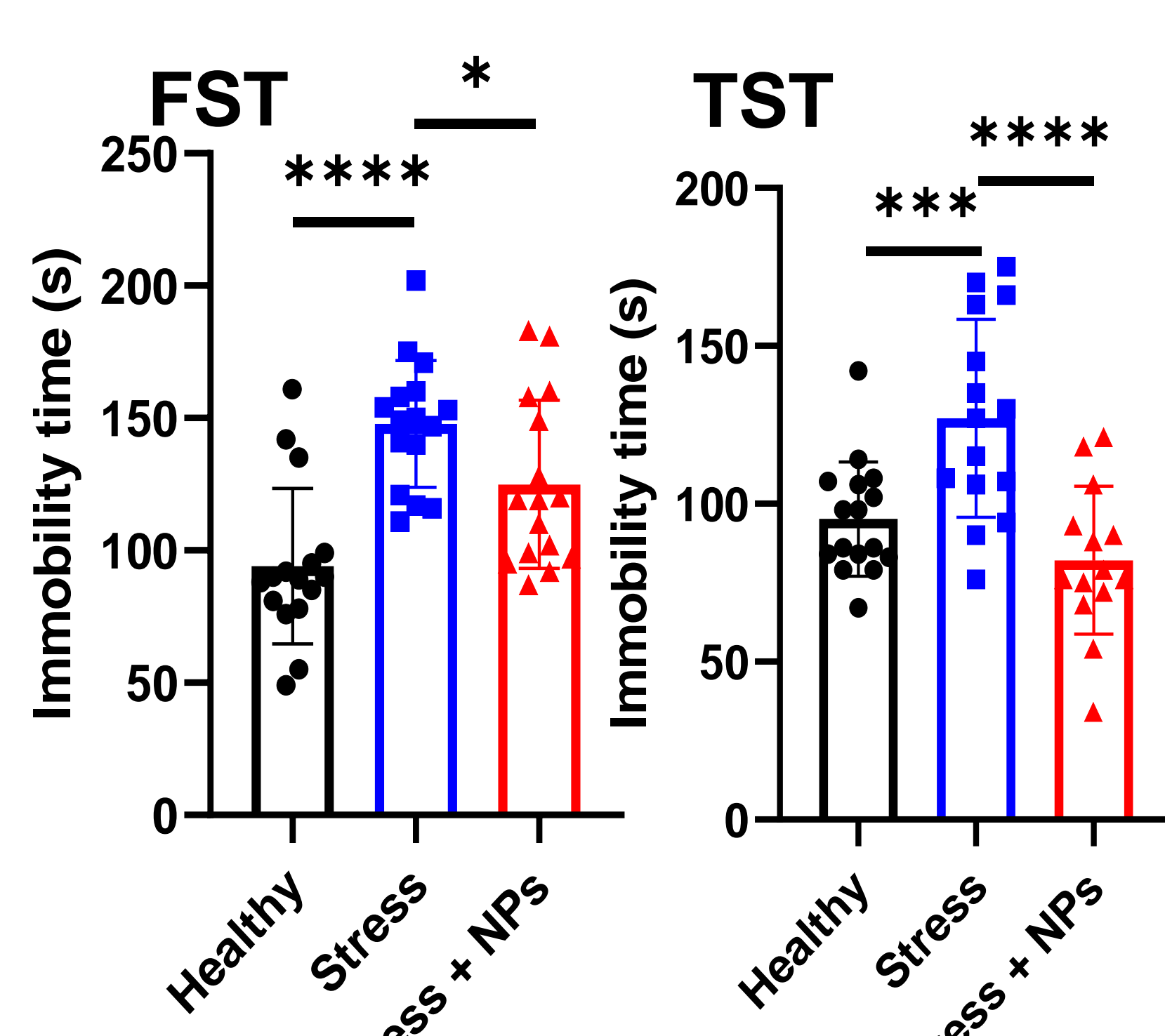
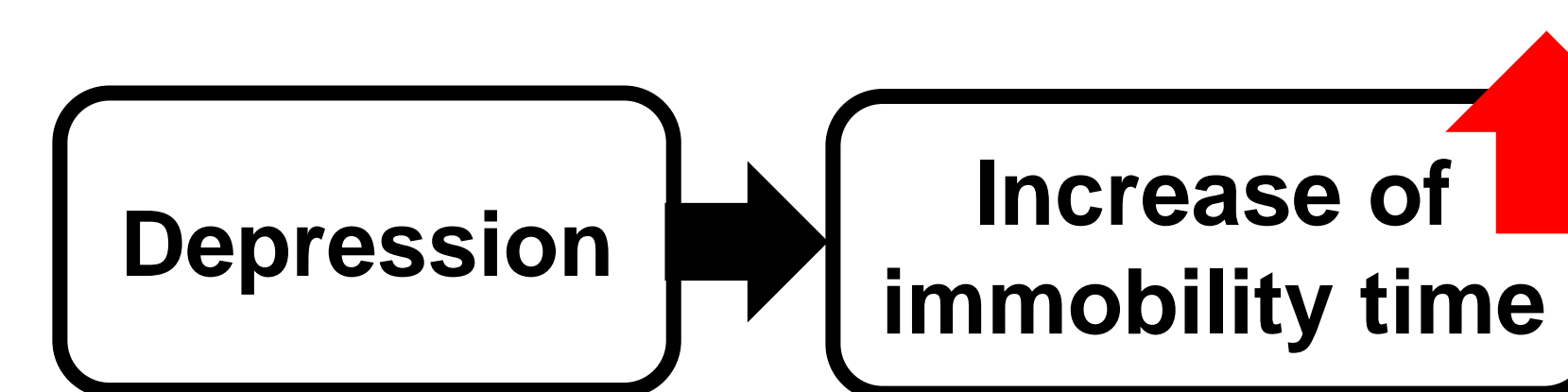


⇒ si-SMAPo<sup>TM</sup> suppressed the decrease of mucosal area induced by CRS and prevented from the leaky gut condition.

## Evaluation of DEPRESSION markers in CRS mice model

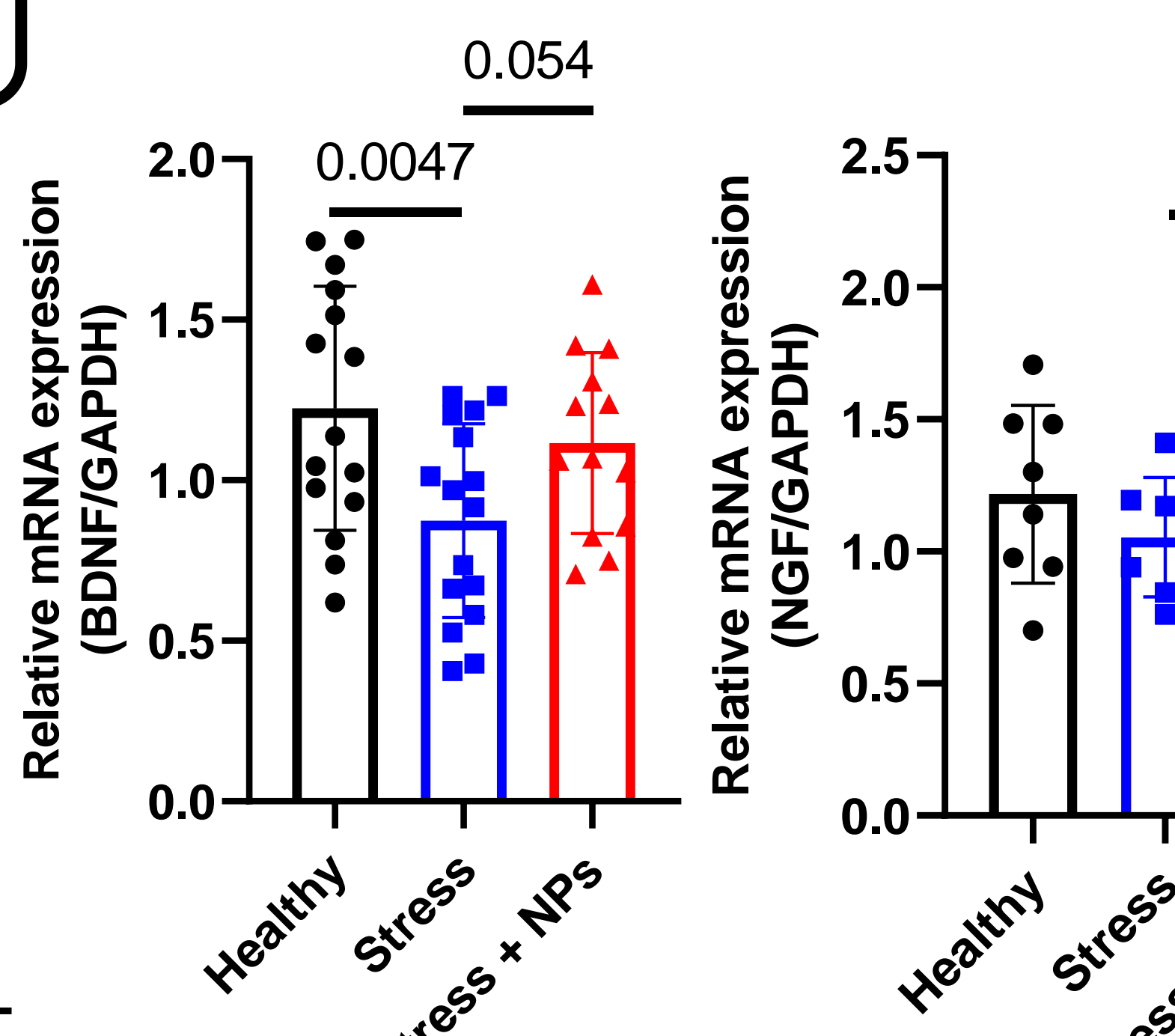
### Behavioral tests

- (a) Forced Swimming Test
- (b) Tail Suspension Test



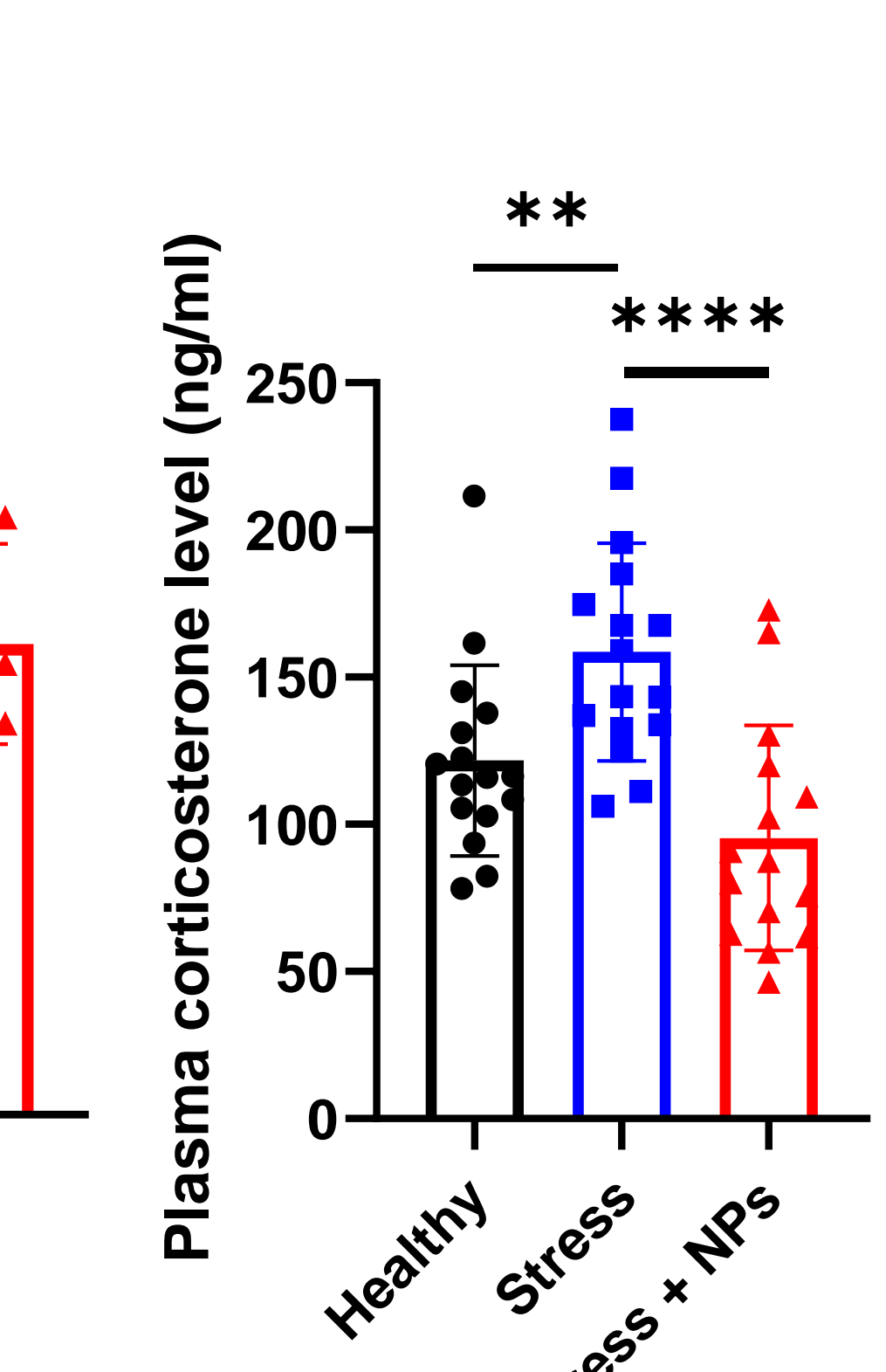
### Relative mRNA level of neurotrophic factors

BDNF: Brain-derived neurotrophic factor  
NGF: Neuro growth factor



### Corticosterone Level of plasma

→ a stress response hormone



⇒ Oral administration of si-SMAPo<sup>TM</sup> suppressed depression symptoms via gut-brain axis.

## Conclusion

- ✓ Development of designed materials (si-SMAPo<sup>TM</sup>) that have the characteristic of selectively staying in the intestines without leak into bloodstream
- ✓ Oral administration of si-SMAPo<sup>TM</sup> nanoparticles protected from decrease of the intestinal barrier and depressive symptoms induced by CRS.